



Weekly Breakfast Menu

11/09 - 11/15/2019

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<ul style="list-style-type: none"> <li>● Congee (Chinese Rice Porridge)</li> <li>● Southwestern Scramble</li> <li>● Scrambled Egg Whites</li> <li>● Scrambled Eggs</li> <li>● Skillet Potatoes &amp; Peppers</li> <li>● Bacon</li> <li>● Chicken Sausage</li> </ul>	<ul style="list-style-type: none"> <li>● House-Made Cinnamon &amp; Brown Sugar Oatmeal</li> <li>● ● ● Omelet Bar</li> <li>● Scrambled Egg Whites</li> <li>● Scrambled Eggs</li> <li>● Skillet Potatoes &amp; Peppers</li> <li>● Bacon</li> <li>● Chicken Sausage</li> </ul>	<ul style="list-style-type: none"> <li>● Congee (Chinese Rice Porridge)</li> <li>● Scrambled Egg Whites</li> <li>● Scrambled Eggs</li> <li>● Skillet Potatoes &amp; Peppers</li> <li>● Bacon</li> <li>● Chicken Sausage</li> <li>● ● ● Waffle Bar</li> </ul>	<ul style="list-style-type: none"> <li>● House-Made Cinnamon &amp; Brown Sugar Oatmeal</li> <li>● ● ● Build-Your-Own Breakfast Burrito Bar</li> <li>● Scrambled Egg Whites</li> <li>● Scrambled Eggs</li> <li>● Skillet Potatoes &amp; Peppers</li> <li>● Bacon</li> <li>● Chicken Sausage</li> </ul>	<ul style="list-style-type: none"> <li>● Congee (Chinese Rice Porridge)</li> <li>● ● Vegetable Egg Scrambler Bowl</li> <li>● Scrambled Egg Whites</li> <li>● Scrambled Eggs</li> <li>● Skillet Potatoes &amp; Peppers</li> <li>● Bacon</li> <li>● Chicken Sausage</li> </ul>





# Weekly Lunch Menu

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## SATURDAY

- Bacon
- Chicken Sausage
- Homestyle Scrambled Eggs
- ● ● Lo Mein Noodle Station
- Vegetarian Pineapple Fried Rice
- Sautéed Sesame-Ginger Bok Choy
- Asian Chicken & Veggie Stir-Fry
- Simply Steamed Broccolini
- Bananas Foster

## SUNDAY

- Bacon
- Grilled Canadian Bacon
- Scrambled Eggs with Mushrooms, Onions & Peppers
- ● ● Acai Breakfast Bowl Station
- Barbecue Beef Brisket
- Hearty Mashed Potatoes
- Warm Apple-Raisin Quinoa
- Roasted Corn on the Cob
- Simply Simmered Green Peas
- Lucky Charms® Treats

## MONDAY

- ● ● Build-Your-Own Antipasto Salad
- Chicken Waldorf Salad
- Mediterranean Barley Salad
- Edamame Rice Noodle Salad
- Crunchy Asian Chicken Salad
- Swiss
- ● ● That's Amore Pasta Bar
- Meatballs with Marinara
- House-Made Vegetarian Meatballs
- Simply Steamed Yellow Squash
- Sweet Southwestern Vegetables
- Angel Food Cake

## TUESDAY

- House-Roasted Chicken Enchilada Soup
- Barley & Roasted Vegetable Soup
- ● ● Build-Your-Own Ranch Chicken Salad
- Pesto Chicken & Whole Wheat Pasta Salad
- Honey-Lime Black Bean & Corn Salad
- Fettuccine with Tomato & Basil
- Classic Egg Salad
- Salami
- Carolina BBQ Pulled Pork Sandwich
- Sweet BBQ Rodeo Chicken Sandwich
- House-Made BBQ Sauce
- Barbecue Tofu
- Simply Steamed Swiss Chard
- Baked Garlic Parmesan Fries
- Simply Steamed Peas and Corn
- Banana Bread Pudding

## WEDNESDAY

- Italian Wedding Soup with House-Made Beef Meatballs
- Spinach & Orzo Soup
- ● ● Build-Your-Own Italian Green Salad
- Couscous Salad with Chicken, Tomatoes, & Feta
- Coconut Curry Chicken Salad
- Wild Rice & Bell Pepper Salad
- Old Bay Potato Salad
- Muenster
- ● ● Asian Stir-Fry Station
- Classic Grilled Chicken Breast
- Crispy Fried Tofu
- Steamed White Rice
- Rice Noodles
- Simply Steamed Broccoli
- Simply Steamed Sugar Snap Peas
- Simply Steamed Carrots
- House-Made Teriyaki Sauce
- Classic Carrot Cake with Cream Cheese

## THURSDAY

- Vegan Seven Bean Soup
- Italian Sausage & Kale Soup
- ● ● Build-Your-Own Chicken BLT Salad
- Baked Potato Salad with Cheddar & Green Onion
- Balsamic Lentil & Quinoa Salad
- Cabbage and Green Bell Pepper Coleslaw
- Italian-Marinaded Grilled Chicken Breast
- Apple, Celery, & Red Onion Salad
- Grilled Rosemary Turkey Cutlets
- Herb-Crusted Tofu with Yogurt Sauce
- Roasted Garlic & Buttermilk Mashed Yukon Gold Potatoes
- Seasoned Wild Rice Pilaf
- Steamed Cumin Carrots
- Simply Steamed Brussels Sprouts
- House-Made Lemon Pound Cake

## FRIDAY

- Classic Chicken Noodle Soup with Herbs (GF)
- Tomato-Basil Soup with Cream
- ● ● Build-Your-Own Classic Taco Salad
- Steamed Italian Asparagus & Tomato Salad
- Sweet & Spicy Black Bean Salad
- Sweet Mediterranean Quinoa Salad
- Antipasto Salad with House-Made Vinaigrette
- Cheddar
- Fish Tacos with House-Made Pico de Gallo (GF)
- Enchilada Lasagna
- Fajita Veggies
- Oaxacan Red Rice
- Stewed Okra & Tomatoes
- Steamed Edamame with Olive Oil
- Honey-Cilantro Coleslaw
- Double Chocolate Chip Brownies





# Weekly Dinner Menu

## 11/09 - 11/15/2019

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> <li>● Assorted Pizza</li> <li>● Carrots &amp; Celery with House-Made Ranch Dressing</li> <li>● Simply Steamed Collard Greens</li> <li>● Simply Steamed Corn</li> <li>● Bananas Foster</li> </ul>	<ul style="list-style-type: none"> <li>● Creole Seafood Gumbo</li> <li>● Brown Rice Pilaf</li> <li>● Garlic Pasta</li> <li>● Squash &amp; Carrot Medley</li> <li>● Spicy Roasted Sweet Potato Wedges</li> <li>● Lucky Charms® Treats</li> </ul>	<ul style="list-style-type: none"> <li>● Hearty Bacon Corn Chowder (GF)</li> <li>● Moroccan Vegetable Stew</li> <li>● Cuban Arroz con Pollo</li> <li>● Whole-Wheat Black Bean Burrito with Cilantro Rice</li> <li>● Colombian Refried Beans</li> <li>● Smoky Yuca Fries with House-Made Sazón</li> <li>● Savory Steamed Sweet Corn</li> <li>● Buttery California Vegetable Medley</li> <li>● Strawberry Shortcake Cups</li> </ul>	<ul style="list-style-type: none"> <li>● House-Roasted Chicken Enchilada Soup</li> <li>● Barley &amp; Roasted Vegetable Soup</li> <li>● Baked SAGE-Made Chicken Tenders</li> <li>● Vegetarian Chicken Cutlet</li> <li>● Seasoned Hand-Cut French Fries</li> <li>● Seared Brussels Sprouts &amp; Corn</li> <li>● Garlic- &amp; Thyme-Roasted Root Vegetables</li> <li>● Fat-Free Vanilla Yogurt with Assorted Berries</li> </ul>	<ul style="list-style-type: none"> <li>● Italian Wedding Soup with House-Made Beef Meatballs</li> <li>● Spinach &amp; Orzo Soup</li> <li>● Three-Cheese Hearty Beef Lasagna</li> <li>● Caprese Flatbread Sandwich</li> <li>● Roasted Tomato &amp; Mushroom Risotto</li> <li>● Garlic-Sautéed Broccoli &amp; Mushrooms</li> <li>● Corn on the Cob</li> <li>● Fudgy Cream Cheese &amp; Brownie Pie with Chocolate Drizzle</li> </ul>	<ul style="list-style-type: none"> <li>● Vegan Seven Bean Soup</li> <li>● Italian Sausage &amp; Kale Soup</li> <li>● Chicken &amp; Andouille Jambalaya</li> <li>● Quinoa with Cheddar, Parmesan and Broccoli</li> <li>● Chili-Simmered Pinto Beans</li> <li>● Simply Steamed Kale</li> <li>● Cilantro Brown Rice</li> <li>● Allspice Pound Cake</li> </ul>	<ul style="list-style-type: none"> <li>● Classic Chicken Noodle Soup with Herbs (GF)</li> <li>● Tomato-Basil Soup with Cream</li> <li>● Bacon Cheeseburger Meatloaf</li> <li>● Basil Tofu (GF)</li> <li>● Cinnamon-Mashed Butternut Squash</li> <li>● Seasoned Green Beans</li> <li>● Parmesan Cauliflower Gratin</li> <li>● Vegan Snickerdoodle Cookies</li> </ul>

