



## Quarantine Certification

GFS is requiring a negative COVID-19 test or a certification of quarantine for all K-12 students who are planning to return to school after Spring Break 2021. If you have chosen to quarantine, quarantine will begin on Tuesday, March 23, for an anticipated return-to-school date of Tuesday, April 6. By signing and submitting this form via your student's Magnus Health account, you confirm that your child has successfully completed the quarantine expectations, adopted from the CDC, as outlined below.

### Expectations for quarantine:

- Students should be staying home from school or work and avoiding any unnecessary interactions outside of the home. This includes sports and other extracurriculars and all social interactions.
- Students should be maintaining a distance of six feet from others, with exception of members of their own households, at all times.
- Do not have visitors at your home during this time. If you do have visitors, inform them that your student is under quarantine.
- Students should not take public transportation.
- Your student should be self-monitoring, or you should be monitoring them, each day for symptoms. This includes taking their temperature and watching for other symptoms such as fever, respiratory illness (cough, sore throat, runny nose, congestion, shortness of breath), mild flu-like illness (fatigue, chills, muscle aches) and/or loss of taste or smell, diarrhea, nausea or vomiting or fatigue.
  - If your child does develop symptoms during this time, please contact your Health Care Provider for next steps and inform [COVID@gfs.org](mailto:COVID@gfs.org).
- Continue practicing good hygiene such as hand washing, using hand sanitizer and avoiding touching your eyes or face.

### Certification of Quarantine

I, \_\_\_\_\_, parent of \_\_\_\_\_,  
(parent/guardian name) (student name)

certify that \_\_\_\_\_ adhered to all quarantine expectations as outlined above. She is  
(student name)

fever- and symptom-free, and is able to return to the GFS campus.

\_\_\_\_\_  
Signature of parent/guardian

\_\_\_\_\_  
Relationship to student

\_\_\_\_\_  
Printed name of parent/guardian

\_\_\_\_\_  
Date