



## GFS K-12 COVID-19 Protocols

*\*Please note: If your student is in our Preschool or Faculty/Staff daycare, please follow the protocols specifically for this age group: [GFS Protocols for Preschool and Daycare](#).*

### **For Cases of Confirmed or Suspected COVID-19 (Isolation)**

All persons (K-12 and faculty/staff\*) who **test positive for COVID-19** or have suspected COVID-19, **regardless of vaccination status**, should complete isolation as follows:

- Stay home for at least 5 full days from the date of symptom onset if symptomatic or the date of the positive test if no symptoms.
  - The day you took your positive test or the first day of symptom onset = Day 0. Your day 1 of 5 is considered the first full day after symptoms started in symptomatic persons or the first full day after the person tested positive if asymptomatic.
  - On Day 6, if ***all symptoms have improved*** and you have been fever-free for at least 24 hours, you may return to campus/class following these restrictions until Day 11:
    - You must be properly masked with a well-fitting mask at all times.
    - You may participate in activities such as athletics, singing or performing groups, but must remain masked at all times and distanced whenever possible.
    - If you still have a fever or are not feeling well, please continue to stay home until your symptoms improve.

### **For Those Who Are Exposed to Someone with COVID-19 (Quarantine)**

1. The following recommendations apply to:
  - a. Adults 18 years and older who
    - i. have been boosted OR
    - ii. completed the primary series of Pfizer within the last 5 months or Moderna vaccine within the last 5 months or J&J vaccine within the last 2 months
    - iii. **AND they have no symptoms;**

- b. Children 5-17 years old who have completed the primary series of Pfizer as recommended AND **they have no symptoms**; and
- c. Persons who had confirmed COVID-19 within the last 90 days

If you meet the specifications above, **you do not need to quarantine after exposure** and may continue coming to campus/class but should:

- Follow these restrictions for 10 days after the last close contact with the person with COVID-19 (The day you were exposed is considered Day 0; Day 1 is considered the first full day after the date of last close contact):
  - You must be properly masked with a well-fitting mask at all times.
  - You may participate in activities such as athletics, singing or performing groups, but must remain masked at all times.
  - You must try to maintain distance from others whenever possible, including during meals.
  - If you develop symptoms during the initial 5 days before you test on Day 6, you should stay home and follow recommendations for isolation above.
- Get a test (Rapid or PCR) on Day 5 (if you had confirmed COVID-19 within the last 90 days, you do not need to test; proof of prior positive test must be submitted to covid@gfs.org).
  - Note: If parents are submitting rapid tests for their children to [covid@gfs.org](mailto:covid@gfs.org), please be sure it is labeled with your child's name and the date.
  - If you test positive or develop symptoms, you should stay home and follow recommendations for isolation above.
  - If you test negative, you should continue to follow the restrictions through until Day 10 after the last close contact.

2. The following recommendations apply to:

- a. Persons of all ages who are unvaccinated\*; and
- b. Adults 18 years and older who have completed the primary series of Pfizer vaccine over 5 months ago or Moderna vaccine over 5 months ago or J&J over 2 months ago AND **are not boosted**.

If you meet the specifications above, **you should quarantine after exposure** as follows:

- Stay home for at least 5 full days after the last close contact with the person with COVID-19. (The day you were exposed is considered Day 0; Day 1 is considered the first full day after the date of last close contact):
  - If you develop symptoms during these 5 days, you should stay home and follow recommendations for isolation above.
- If you show no symptoms, get a test (Rapid or PCR) on Day 5:
  - Note: If parents are submitting rapid tests for their children to [covid@gfs.org](mailto:covid@gfs.org), please be sure it is labeled with your child's name and the date.
  - If you test positive or develop symptoms, you should stay home and follow recommendations for isolation above.
  - If you test negative, you may return to campus on Day 6 and must follow these restrictions through until Day 10 after the last close contact:
    - You must be properly masked with a well-fitting mask at all times.
    - You may participate in activities such as athletics, singing or performing groups, but must remain masked at all times.
    - You must try to maintain distance from others whenever possible, including during meals.

- If you are unable to consistently or properly wear a mask around others or quarantine from positive family members, you should remain at home for a full 10 days, returning to campus on Day 11.

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\*\*NOTE: For people who are returning either from isolation (after a positive COVID-19 test) or quarantine (after exposure), the recommendation is that masks may be removed only when eating and during naptime through Day 10. Unmasked time should be minimized and physical distancing and ventilation maximized during these times.

## **Resources**

- [Recommendations for People with COVID-19, from the CDC \(Centers for Disease Control and Prevention\)](#)
- [Recommendations for COVID-19 Close Contacts, from the CDC \(Centers for Disease Control and Prevention\)](#)
- [COVID-19 Quarantine Decision Flow Chart for Schools and Child Care Only, from Baltimore County Department of Health](#)