



GFS Health Center Information for Parents

General Requirements for Returning to School

- ❑ Complete COVID-19 Daily Screening through Magnus App *by 7:15 a.m.* each school day
- ❑ Complete all Magnus Requirements and be sure to have all medications and their completed & signed doctor's order forms (ie. EpiPens and Inhalers) required for your student turned into the Health Center

Managing Suspected or Confirmed COVID Cases

- ❑ Communicate to the Health Center at COVID@gfs.org with any of the following scenarios *prior to* coming to GFS campus:
 1. If you receive a "STOP" from the Magnus app
 2. If you believe your student has been exposed to someone with COVID-19 or COVID-19 Like Illness
 3. If you have traveled internationally, or to a state with a positivity rate above 10%—meaning, 11% or higher, as recorded by the CDC—or with a case rate over 20 per 100,000 **OR** if you have used public transportation (plane, train, bus, etc) where you were within six feet of others for 15 minutes or more, *regardless of the state's positivity rate* (Please see the [GFS Travel Guidelines](#) for more information) **NOTE: Fully vaccinated individuals** are exempt from domestic travel restrictions.
 4. If you are waiting on results from a COVID-19 test
- ❑ If your student is sent to the Health Center for any general, non-COVID related complaint, they will go to the designated General Health Center (in Shriver Hall)
- ❑ If your student has ***any*** of the COVID-19 Like Illness symptoms they will go to the COVID-SCREENING room (in Shriver Hall)
 - a. These symptoms include: cough, shortness of breath, difficulty breathing, new loss of taste and smell, chills, shaking chills, muscle aches, sore throat, headache, fatigue, nausea/vomiting, diarrhea, congestion or runny nose
 - b. Your student will be evaluated by one of our nurses, who will be wearing appropriate PPE.
 - c. Your student will be safely isolated from other students in our COVID-19 Screening Room.
 - d. Health Center staff will begin preliminary contact tracing to allow us to quickly communicate with any impacted individuals in case your student tests positive for COVID-19.

- e. You will be called and expected to pick up your child within one hour if your child is presenting with COVID-19 Like Illness.
- f. Please call the Health Center, 410-559-3200, upon arrival and your student will meet you in the Manor House Circle by the flagpole.
- g. Prior to your student's return to campus, you will need to have your student evaluated by a health care provider. Your student may not return to school until/unless:
 - ❑ They are diagnosed by a medical professional with a NON-COVID-19 illness (ie. strep throat, allergies), and you will follow the directions given to you by that provider and turn that paperwork into the Health Center.
 - ❑ Your child has a COVID-19 test performed and you inform the Health Center of these results.
 - ❑ If the test is positive OR there is no alternative diagnosis, then the student must follow quarantine protocol and until they are fever-free for 24 hours and symptoms have resolved.
 - ❑ If it is a negative test, you will need to provide that result to the Health Center, and your student can return after they are fever-free for 24 hours and symptoms have resolved.

Communications Protocol

- ❑ In the event there is a case of an individual with COVID-19 or Covid-Like Illness, any identified close contacts and their cohort will be notified by email.
 - ❑ Close contacts, including the household, should adhere to the following guidelines (updated April 12, 2021):
 - ❑ Close contacts who are **asymptomatic** must follow these quarantine guidelines:
 - ❑ The individual may choose to quarantine for the full 14 days OR:
 - ❑ On day 7, the individual may take a PCR COVID-19 test
 - ❑ On day 11, if still asymptomatic and with a negative test, they may return to school (but not sports or other activities where physical distancing cannot be maintained)
 - ❑ On day 15, they may fully return to all activities, including sports
 - ❑ Close contacts who are **within 90 days of a positive diagnosis** OR are **fully vaccinated** (at least two weeks past completing their vaccinations) do not need to quarantine, as long as they have provided proper documentation to the Health Center. These individuals will still need to monitor for symptoms.
 - ❑ If any identified close contact including those who are exempt from quarantine because of being **within 90 days of a positive diagnosis** OR are **fully vaccinated** (at least two weeks past completing their vaccinations) becomes symptomatic at any point, they must take a PCR COVID-19 test.
 - ❑ If the individual who originally reported the COVID-Like Illness has a negative test result or alternative diagnosis, close contacts will be notified by the Health Center and may return to campus.

- ❑ Cohorts who are not close contacts will need to monitor for symptoms but do not need to quarantine.
- ❑ **Note that each case is evaluated on an individual basis; we will err on the side of caution when it comes to determining close contacts and advising students and families to quarantine. A shortened quarantine time may not always be advised.**
- ❑ GFS will be following [communications recommendations from the Maryland Department of Health and the Maryland State Department of Education](#) (Updated 11/13/20) as well as the [CDC's best practices flowchart](#) for school handling of COVID-19 cases.

Definitions

- **Close Contact:** (CDC; updated 11/13/20) Being *within six feet* of a person with COVID-19 (two days before symptoms) for a *cumulative total of 15 minutes or more over a 24-hour period*, regardless of whether face coverings are worn. In addition, there are other situations where exposure might occur. Factors to consider when determining close contact include, but might not be limited to:
 - Direct contact with the infected person or their respiratory secretions, such as
 - Being coughed or sneezed on
 - Being hugged or kissed
 - Caring for someone while he or she is sick or infectious
 - Using or sharing the same eating or drinking utensils that someone with COVID-19 just used prior to washing
 - Whether the infected individual has symptoms (the period around onset of symptoms is associated with the highest levels of viral shedding)
 - If the infected person was likely to generate respiratory aerosols (e.g., was coughing, singing, shouting)
 - Other environmental factors (crowding, adequacy of ventilation, whether exposure was indoors or outdoors)
- **Cohort:** Students and staff a student is grouped with daily. This may be a class or grade level, or may include those outside of the student's grade or class. These are people a student may have regular contact with but not *close contact* as defined above.
- **Covid-19 Like Illness:** *subject to change
 - *Any 1* of the "major" symptoms = cough, shortness of breath, difficulty breathing, new loss of taste or smell

OR

 - *At least 2* of the "minor" symptoms = fever of 100.0 or above (measured or subjective), chills or shaking chills, muscle aches, sore throat, headache, nausea or vomiting, diarrhea, fatigue, and congestion or runny nose
- **Probable case** (CDC, updated 11/13/20): a person with COVID-19-like illness who has had close contact with a person with COVID-19 in the past 14 days.
- **Physical Distancing:** Students, faculty and staff must maintain six feet of distance between other individuals while being masked.